

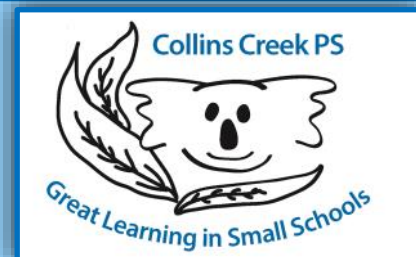
# Collins Creek Public School

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**Week 6**

**Term 4**

**Friday 22 November 2019**

## Principal's Message

### **Thankyou**

Thankyou for your patience and understanding during the last week as NSW experienced unprecedented fire conditions that presented significant challenges to our community, and many others across the state. Working closely with the Rural Fire Service NSW the situation was carefully monitored to ensure the safety of students and staff was paramount. I have attached some information and support networks, which can be accessed, if you were impacted by the bushfires. Please continue to support each other and remember that bush fires are distressing and you might feel things like sadness, frustration or anxiety, or have trouble sleeping or remembering things. This is a normal reaction to an abnormal event and is not a sign of weakness.

### **Swimming**

Next week we will have our at Kyogle Pool. We will have 2 lessons per day for the five days (Monday to Friday). Thanks to the parents who have offered to transport the students each day to the pool (roster attached). Students will be catching the bus each afternoon and will be dropped at their homes as per normal bus run. Please note that the times may vary as Mandy will be commencing the run from Kyogle at 2.45pm.

This is a very tiring week for the children, so please provide ample food in their lunch boxes and bottles of water. The children can wear their swimmers under their uniform if they chose to, but please remember to include dry underwear to change into at the end of the day. Please be sure that the children wear closed in shoes on the bus and at school, but they are welcome to wear thongs while they are at the pool.

Joy Muller

Relieving Principal

### **DATES TO REMEMBER - TERM 4 2019**

<b>WEEK 7</b>		
<b>25 - 29 NOVEMBER</b>		
<b>MON - FRI</b>	<b>25 - 29</b>	<b>Swimming &amp; Water Safety Program (Parent pick up @ School 10:40am)</b>
<b>TUESDAY</b>	<b>26</b>	<b>Year 6 Peer Support Day @ KHS - Kym</b>
<b>WEEK 8</b>		
<b>2 - 6 DECEMBER</b>		
<b>MONDAY</b>	<b>2</b>	<b>Year 6 Graduation Dinner @ Sugar Bowl Café - Kym</b>
<b>TUESDAY</b>	<b>3</b>	<b>Year 6 Orientation @ KHS - Kym</b>
<b>FRIDAY</b>	<b>6</b>	<b>Variety Night practice &amp; organisation with Camilla</b>
<b>WEEK 9</b>		
<b>9 - 13 DECEMBER</b>		
<b>FRIDAY</b>	<b>13</b>	<b>Variety Night starting from 5pm</b>
<b>WEEK 10</b>		
<b>16 - 18 DECEMBER</b>		
<b>WEDNESDAY</b>	<b>18</b>	<b>FUN DAY ! Last Day of the Year (students)</b>

## VIRTUE OF WEEK 7

### JOYFULNESS

I AM THANKFUL FOR THE JOY I FEEL INSIDE.  
I ENJOY MY WORK AND MY PLAY.  
I APPRECIATE THE GIFTS THIS DAY HOLDS FOR ME.

- Look inside the happiness and enjoy whatever you are doing
- Feel good about doing what is right
- Find creative ways to enjoy your time
- Have a good sense of humour
- Feel an inner peace even when things are tough

## VIRTUE OF WEEK 8

### KINDNESS

I AM KIND. I LOOK FOR WAYS TO HELP OTHERS.  
I SHOW KINDNESS TO ANY PEOPLE OR ANIMALS I SEE.  
I DO ALL I CAN TO TAKE CARE OF THE EARTH.

- Give tender attention to those who need help
- Do thoughtful things to give others happiness
- Practice habits that help the environment
- Resist the temptation to be cruel
- Accept people who are different

# PARENTS & CITIZENS NEWS

## NEXT P & C MEETING - TBA

Meetings are held in the Admin Office at Collins Creek PS. All parents and community are welcome to join us.

## CANTEEN ROSTER

The P & C have kindly offered to restart cooking lunch for our students and staff on Wednesdays.  
If you would like to volunteer a meal please advise the office.

Name	Date	On The Menu
NYSSA	4 DECEMBER	TACOS
Last Day of School Year 2019	11 DECEMBER	??

### IMPORTANT

Keep children  
hydrated.



### FREE DENTAL FOR ALL CHILDREN AGED UNDER 18

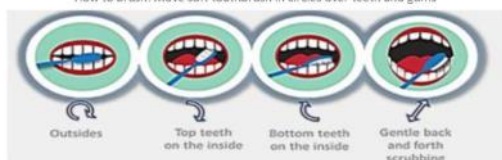
Available at NSW Health public dental clinics in Tweed Heads, Pottsville, Byron Bay, Ballina, Goonellabah (Lismore), Casino, Nimbin, Coraki, Yamba and Grafton

Call 1300 651 625 to book a visit for your child

#### Easy steps for a healthier mouth

- Brush teeth and gums twice a day with fluoride toothpaste
- Eat healthy foods and drink water instead of sugary drinks
- Visit a dental professional at least once a year

How to brush: Move soft toothbrush in circles over teeth and gums



## Live Life Well @ School

R-E-D-U-C-E recreational screen time!

There is  
no app for  
this.....



More information and tips to switch off:  
Search 'turn off the TV' at [www.healthykids.nsw.gov.au](http://www.healthykids.nsw.gov.au)